

**Here are some scriptures to hang on to: there is power in God's word. Verbally affirm His truth by repeating these verses often- put your name into these verses and declare them audibly and at the end of speaking these say, "and this is according to God's promises in ... (quote the name of the verse)...."**

"I know the plans I have for you, ( )" declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call upon me and come and pray to me, and I will listen to you...." Jeremiah 29:14

"I, ( ), am a woman of God. No good thing does He withhold from those who walk uprightly." Psalm 84:11

I can do all things through Christ who strengthens me." Philippians 4:13

'You are my hiding place; you will protect me, ( ), from trouble and surround me with songs of deliverance. You will instruct me and teach me in the way I should go; you will counsel me and watch over me." Psalm 32: 7-8

And the Lord shall guide "me" ( ) continually and satisfy thy (my) soul in drought, and make fat (my)

bones: and thou (I) shall be like a watered garden,  
and like a spring of water, whose waters fail not.”

Isaiah 58:11

“...Not by might, nor by power, but by my spirit, saith  
the Lord of Hosts.” Zechariah 4:6

“When I am afraid, I will trust in you.” Psalms 56:3

“I will say of the Lord, He is my refuge and my  
fortress: my God; in Him will I trust.” Psalms 91: 2

“...Eye hath not seen, nor ear heard, neither have  
entered into the heart of man, the things which God  
hath prepared for them that love Him.” I Corinthians  
2:9

“Surely God is my help; the Lord is the one who  
sustains me.” Psalm 54: 4

“Do not let this Book of the Law depart from your  
lips. But Meditate on it day and night so that you  
may be careful to do everything that is written in it.  
Then you will be prosperous and successful. Have I  
not commanded you? Be strong and courageous. Do  
not be terrified; do not be discouraged, for the Lord

your God will be with you wherever you may go.”

Joshua 1:8-9

“No evil shall befall me, neither shall any plague come upon my dwelling for the Lord has given his angels guard over me, ( ), and they shall keep me in all your ways.” Psalm 91:11

“God has not given me the spirit of fear, but of power, and of love, and of a sound mind.” II Timothy 1:7

“The Lord is the strength of my life, of whom shall I be afraid.” Psalm 27:1

I am “casting all my cares upon Him who cares for me.” 1 Peter 5:7

“There is no pit so deep but that He is not deeper still.” I know, I know... Corrie Ten Boom

